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October, 2008

Health, Homes and Jobs for Homeless New Yorkers

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[Click here to visit the
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Culinary Arts Graduate of 1997 Inspires Newest Graduates

On Thursday, October 16, Project Renewal's Culinary Arts Training Program celebrated Cycle 52's Graduation. Joining the festivities was guest speaker Donna Armstead, a graduate of Cycle 6 of the Program! Right after her graduation, Donna went to work at Flik International, a corporate catering service company and has been there for twelve years. Congratulations to the graduates...and to Donna! Thanks for being an inspiration to us all!



Working Your Way Up - Donna's Story

When I was 16, my mother died. I dropped out of high school when I was 8 months pregnant. I had jobs here and there in factories or doing construction. That's when I started hanging out with the wrong crowd. I started snorting cocaine and smoking crack. I was addicted for 15 years.

My son went to live with my sister. I went to jail three times for selling drugs. The last time I went in, I knew I wanted to stop getting high and get help. I finished a program to get off drugs. After I got out, I spent one and a half years living in a shelter and that's when I heard about the Culinary Arts Training Program at Project Renewal.

After the three month program, Mr. Ron Johnson helped me get an interview for an internship at Flik. He also showed me how to prepare a resume and how to present myself during an interview, I graduated from the Program in April of 1997. Within a week I was hired by Ricky Feliciano at Flik International and I've been here now for 12 years. Last year, I was employee of the year!

I look at life like, if you can't love yourself, you can't do anything for anyone else. So that's what I did. I had to work on me, myself. That's why I succeeded. I'm still going up that ladder. That's what I'm going to tell the students graduating this week: "I'm just like you. I'm always going to be an ex-addict. I'm from the same place as all of you. But you've gotta start from the bottom and work your way up."



Donna Armstead (center) with Ricky Feliciano and Meghan Lukeman, her colleagues at Flik, who came to the CATP graduation to support Donna

ScanVan Helps Promote Breast Cancer Awareness Month on CBS

Last Friday, Roslynn Glicksman, Project Renewal's Director of Primary Care, joined CBS Early Show anchor Harry Smith with the ScanVan, which features a mammography room for breast cancer screenings on the go. Click on the video hear Dr. Glicksman on the need for breast cancer screenings.

[Click here to learn more about the ScanVan](#)



Fall Ball

friday 14 november 2008

hosted by the project renewal
junior advisory board

7pm – 11pm

the north cabana @ the maritime hotel

88 ninth avenue @ 17th st
new york, ny

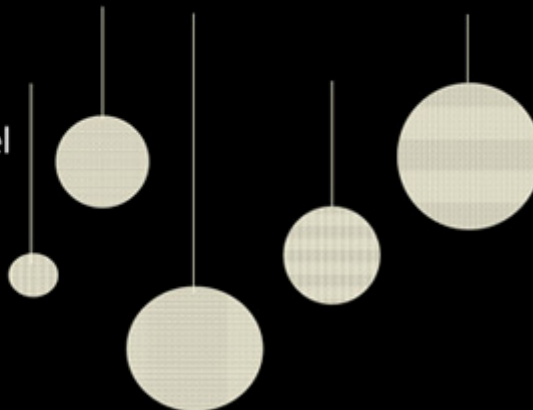
ticket price
\$125

open bar sponsored by diageo liquors

dinner & dancing

cocktail attire

please join  PROJECT Renewal
as we host an evening to help
the homeless men & women of new york city



[To Purchase Tickets, Click Here](#)

[Yes, I wish to make a gift and help end homelessness.](#)

Contact Us:

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